



January Event: 25th Anniversary Story Series

Dr. Yvonne Kay, accomplished grief therapist and former radio personality of nearly 20 years, has graciously contributed to the programming at the Cancer Support Community at Gilda's Club for nearly 10 years. With her almost legendary reputation in the Greater Philadelphia area that grew out of her WWDB Philadelphia self-help radio show "The Dr. Yvonne Kaye Show", she regularly draws a crowd to her talks ranging in topics from "Living with Loss" to "Spirituality and Humor".

She boldly and lovingly addresses topics which are often tip-toed around or ignored entirely with grace, and her emphasis on humor and laughter have brought healing to many. She is currently on the schedule at the Warminster Clubhouse at least once per month.

Nancy, a member and active volunteer of nearly 6 years spoke very highly of her experience with Dr. Kaye. After attending primarily physical activity programming for several years, Nancy sought to protect herself from depression and other cognitive worries in other ways. She took advantage of the diverse programming Cancer Support Community offers; and attended Warminster's annual "Camp Gilda", which is a three-day women's retreat with a self-care bend. Dr. Kaye headlined day 2 of Camp with her "Spirituality and Humor" talk which left a lasting impact on Nancy. What she thought would be a one-time thing became a monthly commitment to attend Dr. Kaye's group—she looks forward to it and leaves feeling good every time. Nancy described Dr. Kaye as down to earth, uplifting, and above all—funny!

The Cancer Support Community and their members are lucky to have Dr. Kaye as a resource—thanks Dr. Kaye for 10 years of service!