

Children & Teen Program Weekly Newsletter

Week of August 30, 2021

This Week in the CTP

See below for detailed descriptions.

Back to School Week for many families!! Good Luck Everyone!

Coming Up Soon

- Bounce Back for Kids (starts next week)
- Teen Group: Resiliency (starts next week)
- Bank Heist Virtual Escape Room Monday, September 13th 6pm.
- Tutoring Program



To sign up for any CTP activity, email Christina@cancersupportphiladelphia.org

Bounce Back for Kids

Tuesdays 9/7, 9/14, 9/21, 9/28 at 4-5pm

This is 4 week virtual group for kids (K -5th grade) to learn about resiliency. It is the same (but shorter) group that was run earlier this year. Topics include resilience, goals/aspirations, positive outlook, self-efficacy, problem solving, assertiveness, social supports, safety & security, sense of humor. Attending all groups is highly encouraged.

Teen Group: Resiliency

Wednesdays 9/8, 9/15, 9/22, 9/29
at 5:30-6:30pm

Bouncing back from life's challenges is an important life skill. This virtual 4 week group for teens (6th+ grades) will learn about resiliency. Through activities, we will be discussing what it is, what it looks like and what it doesn't look like. Attending all groups is highly encouraged.

Tutoring Program

Mondays 4pm (starting 9/27)

Volunteers of CSCGP are excited to return this year to offer our tutoring program "My Parents are Clueless Homework Help". We have a limited number of tutors who can assist with Spanish, math (algebra & geometry), English, practice reading, spelling, social studies, science, complete homework etc. Our tutors are high school students, college students, parents and other volunteers.

If you would like to sign up, email Christina with your child's name, grade & subject(s) looking for help. Once you are matched with a tutor, please provide worksheets for each session.



Halloween Party

Saturday, October 23rd 6 - 8pm

This will be our 2nd Trunk or Treat for our annual Halloween Party.

Dress up in your costume, come have fun, play games and solve a Scooby Doo Mystery. All ages are welcome.

Breakfast with Santa

Saturday, December 4th, 2021 from 10:00am to 12:00pm

We are very happy to invite our CSCGP families to our favorite party of the year, our annual Breakfast with Santa. We are being hosted once again by our friends and neighbors at Ann's Choice. Space is limited. Sign up ASAP. For your reservation to be complete, you must email Christina the following information: child's name, age, 3 gift ideas (the elves need help). Deadline is in November but do not wait because word is that the toy inventory is not too great this year.

Support Group Descriptions & Schedules

Groups at Gilda's Club in Warminster

Kid Support (4yrs old - 5th grade) **Teen Support** (6th-12th grades)

Is a curriculum based multi week support group for kids who currently have cancer in their lives. Each week we talk about a different topic related to cancer such as: what is cancer, feelings including anger, dealing with change, stress, relaxation/self-care, self-esteem, loss, and problem solving. Parents meet in their own group during this time.

Schedule: Taking names for group in October.

Living with Loss Kids (LWL Kids) (4yrs old - 5th grade) **Living with Loss Teens (LWL Teens)** (6th-12th grades)

A monthly support group for kids and teens who have lost someone to cancer. Each month we talk about various issues they face through discussions, activities, art and games.

Schedule: Taking names for group starting in October.

Virtual

Teen Summit (6th - 12th grade)

Information coming soon

Groups that take place inside your child's middle school or high school.

Straight Talk about Cancer (STAC) (6th-12th grades)

We focus on issues related to having cancer in their lives. We have discussions and play lots of games. Check to see if we are in your school or for information to help start the process.

Living with Loss in Schools (LWL) (6th - 12th)

We talk about issues related to losing someone to cancer. We do activities and play games to enhance our discussions. Check to see if we are in your school or for information to help start the process.

Groups for Parents/Guardians

Parenting Through Cancer - Virtual

This monthly group is for parents who currently have cancer in their world. Open to all our parents/guardians with children in Kid Support, Teen Support and/or STAC groups.

Schedule: 3rd Monday of each Month at 7pm starting in October.

Parenting with a Loss - Virtual

This monthly group is for parents who have lost someone to cancer. We talk about the struggles of parenting while grieving and helping your children to grieve.

Schedule: 4th Monday of each month at 7pm starting in October.