

# Children & Teen Program Weekly Newsletter

Week of October 25, 2021

#### This Week in the CTP

See below for detailed descriptions.

- Monday, 4pm Tutoring Program
- Monday, October 25th Frankly Speaking about Lung Cancer 6:30pm Hybrid event sign up online on Program Calendar
- Kid Support & Teen Support 6pm (dinner included)
- Wednesday, October 27th 7pm Virtual Parenting with a Loss. Registration required. See below.

# **Coming Up Soon**

- Saturday, December 4th Breakfast with Santa registration closes early November. See below.
- Teen Summit starts in November. See description below.

To sign up for any CTP activity, email Christina@cancersupportphiladelphia.org



# Do you like magic shows?

Check out this link <a href="https://vimeo.com/638139144/d5bb33a01e">https://vimeo.com/638139144/d5bb33a01e</a> from Michael Bonacci. Michael and his magical friends usually do a show for us at our Halloween party but this year they have gone virtual. Enjoy a fun family night watching this show. Can you figure any tricks out?

### Breakfast with Santa Saturday, December 4th, 2021

10:00am to 12:00pm

We are very happy to invite our CSCGP families to our favorite party of the year, our annual Breakfast with Santa. We are being hosted once again by our friends and neighbors at Ann's Choice. Space is limited. Sign up ASAP. For your reservation to be complete, you must email Christina the following information: child's name, age, 3 gift ideas (the elves need help). Deadline is in November but do not wait because word is that the toy inventory is not too great this year.

# Tutoring Program Mondays 4pm

Volunteers of CSCGP are excited to return this year to offer our tutoring program "My Parents are Clueless Homework Help". We have a limited number of tutors who can assist with Spanish, math (algebra & geometry), English, practice reading, spelling, social studies, science, complete homework etc. Our tutors are high school students, college students, parents and other volunteers. If you would like to sign up, email Christina with your child's name, grade & subject(s) looking for help. Once you are matched with a tutor, please provide worksheets for each session.

### Support Group Descriptions & Schedules

### Groups at Gilda's Club in Warminster

### **<u>Kid Support</u>** (4yrs old - 5th grade) **<u>Teen Support</u>** (6th-12th grades)

Is a curriculum based multi week support group for kids who currently have cancer in their lives. Each week we talk about a different topic related to cancer such as: what is cancer, feelings including anger, dealing with change, stress, relaxation/self-care, self-esteem, loss, and problem solving. Parents meet in their own group during this time.

Schedule: In person at Gilda's Club starting Tuesday, October 12th 6:00 - 8pm (includes dinner). Group is closed. It will run again in the spring.

# <u>Living with Loss Kids (LWL Kids)</u> (4yrs old - 5th grade) <u>Living with Loss Teens</u> (LWL Teens) (6th-12th grades)

A monthly support group for kids and teens who have lost someone to cancer. Each month we talk about various issues they face through discussions, activities, art and games.

Schedule: In person at Gilda's Club starting Wednesday, October 13th 6:00 - 8pm (includes dinner)

#### Virtual

### Teen Summit (6th - 12th grade) Starting November.

Because not all schools are able to invite outside facilitators this year into their schools. We are inviting teens to join our virtual Teen Summit. Open to 6th-12th graders. We will have a different topic each month. Topics are based on common themes that come up in regular STAC and LWL groups in schools such as gratitude, anger management, anxiety, self esteem etc. Registration is required.

Schedule: 2nd Monday of each month Teen Summit for teens with cancer in their life 7pm 3rd Monday of each month Teen Summit for teens who lost someone to cancer 7pm

# Groups that take place inside your child's middle school or high school.

# Straight Talk about Cancer (STAC) (6th-12th grades)

We focus on issues related to having cancer in their lives. We have discussions and play lots of games. STAC will be offered in Log College MS, William Tennet HS, Snyder MS and Bala Cynwyd MS. Check to see if we are in your school or for information to help start the process.

# <u>Living with Loss in Schools (LWL)</u> (6th - 12th)

We talk about issues related to loosing someone to cancer. We do activities and play games to enhance our discussions. Check to see if we are in your school or for information to help start the process.

# Groups for Parents/Guardians

### <u>Parenting Through Cancer</u> - <u>Virtual</u>

This monthly group is for parents who currently have cancer in their world. Open to all our parents/guardians with children in Kid Support, Teen Support and/or STAC groups. Schedule: 3rd Monday of each Month at 7pm (on hold)

### Parenting with a Loss - Virtual

This monthly group is for parents who have lost someone to cancer. We talk about the struggles of parenting while grieving and helping your children to grieve.

Schedule: 4th Wednesday of each month at 7pm starting in October.