

*Providing FREE professional programs and emotional support, education and hope for people impacted by cancer, because **community is stronger than cancer.***

Looking to join CSCGP?

We host weekly orientation calls and in-person meetings for those wanting to get support through our community.

Please start your [new member profile](#) on the website under 'how to join'

Locations

The Suzanne Morgan Center @ Ridgeland
215-879-7733

Gilda's Club
215-441-3290

Doylestown Hospital
215-345-2022

St. Mary Medical Center
215-710-4512

Alliance Cancer Specialists @ The Cancer Institute of Doylestown Hospital

Alliance Cancer Specialists @ Grand View Outpatient Center

Alliance Cancer Specialists @ Bensalem

June 2025 Program Calendar

Each location (Virtual, Ridgeland, Gilda's Club, Doylestown Hospital & SMMC) have individual calendar pages. Programs that are hybrid are listed on both the virtual calendar and the physical location.

General Program Descriptions

Support / Networking Groups

Includes programs such as; Living with Cancer, Cancer Specific Networking Groups, etc. Attendance within these groups require a pre-conversation with a staff person and attendees to join as a member.

Educational Workshops

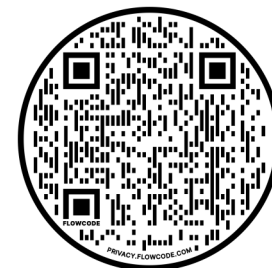
CSCGP offers a variety of educational workshops facilitated by experts their field. Keep an eye on the calendar each month for special events.

Mind-Body Wellness programs seek to support our members who want to practice and be mindful of their health in a supportive, group environment. Our programs are taught by professionals or volunteers who want to help members who wish to work on a healthy lifestyle at their own pace.

Children & Teen Programs (CTP)

Groups and activities for families with school aged children and teens dealing with a cancer diagnosis within the home. For more information about Children & Teen Programs, email Christina@cancersupportphiladelphia.org

To view the full calendar and register to join, visit our website at www.cancersupportphiladelphia.org OR scan the QR code





CANCER SUPPORT COMMUNITY GREATER PHILADELPHIA

JUNE VIRTUAL PROGRAM CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:30am – Morning Mindful Meditation 10:30am – Qigong 11:00am – Living With Cancer Support Group 1:00pm – Colorectal Cancer Networking 5:30pm – Feel Good Fitness	3 9:30am -Nia <i>Sponsored by the Bob Brockman Nia</i> 10:30am – Pilates 12:00pm – Pancreatic Cancer Networking 12:00pm – New Member Orientation 6:30pm Men’s Health & Cancer Networking	4 9:30am – Upcoming Treatment Decisions? Open to Options Can Help 5:30pm – Yoga Therapy for Cancer	5 9:00am – Restorative Yoga 10:30am – Guided Meditation 11:15am – Living With Cancer Support 2:00pm – Writing for Health & Wellness 7:00pm – Living <u>After</u> Cancer Support	
9 8:30am – Morning Mindful Meditation 10:30am – Qigong 11:00am – Living With Cancer Support Group 2:30pm – Breast Cancer Networking Group 5:30pm – Feel Good Fitness	10 9:30am -Nia 10:30am – Pilates 12:00pm – New Member Orientation 1:00pm – Living <u>After</u> Cancer Support 6:30pm – Ovarian Cancer Networking Group 7:00pm – Breast Cancer Networking Group	11 11:00am - Laughing When Nothing Seems Funny and When It Is! 1:00pm Writing :Health & Wellness 5:30pm – Yoga Therapy for Cancer	12 9:00am – Restorative Yoga 10:30am – Guided Meditation 11:15am – Living With Cancer Support Group 7:00pm – Living With Cancer Support	13 10:00am – Knitting & Crocheting Circle
16 8:30am – Morning Mindful Meditation 10:30am – Qigong 11:00am – Living With Cancer Support 1:00pm – Metastatic Cancer Networking 5:30pm – Feel Good Fitness	17 10:30am – Pilates 12:00pm – New Member Orientation 6:30pm – Blood Cancer Networking Group 7:00pm – My Spouse Has Cancer Group	18 1:00pm – Soothing Palette: Artful Relaxation 5:30pm – Yoga Therapy	19 CLOSED in Observance of Juneteenth	
23 8:30am – Morning Mindful Meditation 10:30am – Qigong 11:00am – Living With Cancer Support 5:30pm – Feel Good Fitness	24 9:30am -Nia 10:30am – Pilates 12:00pm – New Member Orientation 1:00pm – Living <u>After</u> Cancer Support 7:00pm – Breast Cancer Networking Group	25 11:00am - Laughing When Nothing Seems Funny and When It Is! 5:30pm – Yoga Therapy for Cancer	26 9:00am – Restorative Yoga 10:30am – Guided Meditation 11:15am – Living With Cancer Support Group 7:00pm – Living With Cancer Support	27 10:00am – Knitting & Crocheting Circle
30 8:30am – Morning Mindful Meditation 10:30am – Qigong 11:00am – Living With Cancer Support 5:30pm – Feel Good Fitness	If you need to speak to someone and we are not available, please contact Cancer Support Helpline 1-888-793-9355			

The Suzanne Morgan Center @ Ridgeland Mansion



4100 Chamounix Dr. Philadelphia
215-879-7733

June 2025 Program Calendar

Monday	Tuesdays	Thursday	Friday / Saturday
2 9:00am Camp Discovery (Mon-Thurs) 10:30am Qigong	3 9:00am Camp Discovery (Mon-Thurs)	5 9:00am Camp Discovery (Mon-Thurs) 10:30am Guided Meditation	Friday, June 6 9:00am Celebration of Hope
9 10:30am Qigong 10:30am Living with Cancer Support Group	10	12 9:30 All Men All Cancers Breakfast <i>sponsored by Tom McDermitt Fund</i> 10:30am Guided Meditation	
16 10:30am Qigong	17 6:00pm Philadelphia Family Dinners (*CTP)	19 CLOSED in observance of Juneteenth	
23 10:30am Qigong 10:30am Living with Cancer Support Group	24 11:00am Guided Imagery and Relaxation 11:30am NEW! Support for the Supporters Groups	Wednesday June 25 6:30pm Evening of Reflection & Remembrance Thursday June 26 10:30am Guided Meditation	Saturday, June 28 10:00am Yoga Therapy
30 10:30am Qigong		Program assistance is available at this location on most Mondays, Tuesdays Thursdays & some Saturdays, please call or email Katie@cancersupportphiladelphia.org to schedule a visit.	



Gilda's Club

*(CTP) denotes Children, Teen & Family programming

200 Kirk Road, Warminster PA

215-441-3290

June 2025 Program Calendar

Monday	Tuesday	Wednesday	Thursday
2 12:00-2pm Gilda's Hair: Wig & Scalp Resources	3 6:30pm Camp KIDS Counselor Training	4	5 10:00am Comfort Quilts
9 1:00pm Afternoon Tea 1:30pm Women's Support Circle	10 6:30pm Baking with Suzanne *CTP	11	12 8:30am The Marshall Men's Breakfast <i>sponsored by Tom McDermitt Fund</i> 11:00am Dancing Made Simple 12:00pm Beaded Jewelry Making
16 9:30am Camp KIDS <i>*CTP</i>	17 9:30am Camp KIDS <i>*CTP</i>	18 9:30am Camp KIDS <i>*CTP</i>	19 CLOSED in observance of Juneteenth
23 9:30am Camp KIDS <i>*CTP</i> 1:00pm Stronger Together Networking Group	24 9:30am Camp KIDS <i>*CTP</i>	25 9:30am Camp KIDS <i>*CTP</i>	26 10:30am Writing for Health & Wellness 11:00am Arleen Boyes Quilting Club
30 9:30am Camp KIDS <i>*CTP</i> 1:30pm Death Café	Program assistance is available at this location most Mondays, Tuesdays & Thursdays, please call or email Tina@cancersupportphiladelphia.org to schedule a visit.		

**Tuesday June 3, 2025**

10:00am Living With Cancer Support Group

Tuesday, June 17, 2025

10:00am Living With Cancer Support Group

Tuesday, June 24, 2025

12:00pm Open House

Wednesday June 4, 2025

1:00pm New Member Orientation

Wednesday June 11, 2025

9:30am Men's Breakfast

Wednesday June 18, 2025

11:30am Gentle Yoga

For more information & to register for programs, please contact **Aly Rice @ 215-345-2022** or email Aly@cancersupportphiladelphia.org

Located **Behind the red door** on the main hallway
595 West State Street, Doylestown, PA 18901



Trinity Health
Mid-Atlantic

ST. MARY MEDICAL CENTER

June 2025 Program Calendar

Thursday, June 5, 2025

11-11:30am Mindfulness Meditation

11:30-1:00pm Living with Cancer Support Group **pre-registration required*

Thursday, June 12, 2025

11-11:30am Mindfulness Meditation

11:30-1:00pm Living with Cancer Support Group **pre-registration required*

1:15-2:15pm Gentle Yoga Movement & Relaxation

Thursday, June 19, 2025

11-11:30am Mindfulness Meditation

11:30-1:00pm Living with Cancer Support Group **pre-registration required*

1:15-2:15pm Gentle Yoga Movement & Relaxation

Thursday June 26, 2025

11-11:30am Mindfulness Meditation

11:30-1:00pm Living with Cancer Support Group **pre-registration required*



**CANCER SUPPORT
COMMUNITY**
GREATER PHILADELPHIA

Tuesday June 24, 2025

11:00am New Member Orientation

Thursday, June 26, 2025

11-11:30am Mindfulness Meditation

11:30-1:00pm Living with Cancer Support Group **pre-registration required*

**Anyone interested in joining the weekly LWC Support Group must speak with Sofie Pollack before attending.*

*Registration is preferred for all events; drop-in visitors will be welcome at Networking Groups and Workshops.**

For more information & to register for programs, please contact Sofie Pollack at **215-710-4512** or

Email Sofie@cancersupportphiladelphia.org

Located in the **Cancer Center** conference room