



CANCER SUPPORT
COMMUNITY
GREATER PHILADELPHIA

*Providing FREE professional programs and emotional support, education and hope for people impacted by cancer, because **community is stronger than cancer.***

Looking to join CSCGP?

We host weekly orientation calls and in-person meetings for those wanting to get support through our community.

Please start your [new member profile](#) on the website under 'how to join'

Locations

The Suzanne Morgan Center @ Ridgeland
215-879-7733

Gilda's Club
215-441-3290

Doylestown Hospital
215-345-2022

St. Mary Medical Center
215-710-4512

Alliance Cancer Specialists @ The Cancer Institute of Doylestown Hospital

Alliance Cancer Specialists @ Sellersville

Alliance Cancer Specialists @ Bensalem

Alliance Cancer Specialists @ Langhorne

June 2026 Program Calendar

Each location (*Virtual, Ridgeland, Gilda's Club, Doylestown Hospital & SMMC*) have individual calendar pages. Programs that are hybrid are listed on *both* the virtual calendar *and* the physical location.

General Program Descriptions

Support / Networking Groups

Includes programs such as; Living with Cancer, Cancer Specific Networking Groups, etc. Attendance within these groups require a pre-conversation with a staff person and attendees to join as a member.

Educational Workshops

CSCGP offers a variety of educational workshops facilitated by experts their field. Keep an eye on the calendar each month for special events.

Mind-Body Wellness programs seek to support our members who want to practice and be mindful of their health in a supportive, group environment. Our programs are taught by professionals or volunteers who want to help members who wish to work on a healthy lifestyle at their own pace.

Children & Teen Programs (CTP)

Cancer June be part of your story- but it doesn't define it. Join our groups and activities designed especially for kids, teens and families impacted by cancer. Find connection, laughter, understanding, and community all in one place.

email Christina@cancersupportphiladelphia.org

To view the full calendar and register to join, visit our website at www.cancersupportphiladelphia.org OR scan the QR code





Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:45 AM – Morning Mindful Meditation 10:30 AM – Qigong 10:30 AM – Living W/ Cancer Support 1:00 PM – Colorectal Cancer Group 5:30 PM – Feel Good Fitness 6:30 PM – New Member Orientation</p>	<p>2</p> <p>9:30 AM – Nia <i>Sponsored by the Bob Brockman Nia Fund</i> 10:30 AM – Pilates 7:30 PM – Men’s Health & Cancer Networking Group</p>	<p>3</p> <p>9:30 AM – Upcoming Treatment Decisions? Open to Options & How Can CSCGP Help? 12:00 PM – New Member Orientation 5:30 PM – Yoga Therapy for Cancer</p>	<p>4</p> <p>9:00 AM – Restorative Yoga 10:30 AM – Guided Meditation 11:00 PM – Metastatic Cancer Networking 11:15 AM – Living with Cancer Support 7:00 PM – Living After Cancer Support</p>	<p>5</p> <p>10:00 AM – Knitting & Crocheting</p>
<p>8</p> <p>9:45 AM – Morning Mindful Meditation 10:30 AM – Qigong 10:30 AM – Living W/ Cancer Support 2:30 PM – Breast Cancer Group 5:30 PM – Feel Good Fitness 6:30 PM – New Member Orientation 8:00 PM – Parenting Through It All</p>	<p>9</p> <p>9:30 AM – Nia 10:30 AM – Pilates 1:00 PM – Living After Cancer Support 6:30 PM – Ovarian Cancer Group 7:00 PM – Breast Cancer Support Group</p>	<p>10</p> <p>12:00 PM – New Member Orientation 2:00 PM – Volunteer Orientation 5:30 PM – Yoga Therapy for Cancer</p>	<p>11</p> <p>9:00 AM – Restorative Yoga 10:30 AM – Guided Meditation 11:15 AM – Living w/ Cancer Support 7:00 PM – Living with Cancer Support</p>	<p>12</p>
<p>15</p> <p>9:45 AM – Morning Mindful Meditation 10:30 AM – Qigong 10:30 AM – Living W/ Cancer Support 5:30 PM – Feel Good Fitness 6:30 PM – New Member Orientation</p>	<p>16</p> <p>9:30 AM – Nia 10:30 AM – Pilates 6:30 PM – Blood Cancer Group 7:00 PM – Time for YOU: Support for Spouses & Partners</p>	<p>17</p> <p>10:30 AM – Writing for Health & Wellness 12:00 PM – New Member Orientation 5:30 PM – Yoga Therapy 6:30 PM – Volunteer Orientation</p>	<p>18</p> <p>9:00 AM – Restorative Yoga 10:30 AM – Guided Meditation 11:15 AM – Living with Cancer Support Group</p>	<p>19</p>
<p>22</p> <p>9:45 AM – Morning Mindful Meditation 10:30 AM – Qigong 10:30 AM – Living W/ Cancer Support 5:30 PM – Feel Good Fitness 6:30 PM – New Member Orientation</p>	<p>23</p> <p>9:30 AM – Nia 10:30 AM – Pilates 1:00 PM – Living After Cancer Support 6:30 PM – Support for the Supporters 7:00 PM – Breast Cancer Support Group</p>	<p>24</p> <p>12:00 PM – New Member Orientation 5:30 PM – Yoga Therapy for Cancer</p>	<p>25</p> <p>9:00 AM – Restorative Yoga 10:30 AM – Guided Meditation 11:15 AM – Living with Cancer Support Group 6:00 PM Policy Power Hour 7:00 PM – Living with Cancer Support Group</p>	<p>26</p> <p>10:00 AM – Knitting & Crocheting</p>
<p>29</p> <p>9:45 AM – Morning Mindful Meditation 10:30 AM – Qigong 10:30 AM – Living W/ Cancer Support 1:00 PM – CSCGP Book Club 5:30 PM – Feel Good Fitness 6:30 PM – New Member Orientation</p>	<p>30</p> <p>9:30 AM – Nia 10:30 AM – Pilates 2:00 PM – New Volunteer Orientation</p>	<p>If you need to speak to someone and we are not available, please contact</p> <p>Cancer Support Helpline 1-888-793-9355</p>		

The Suzanne Morgan Center @ Ridgeland Mansion



CANCER SUPPORT
COMMUNITY
GREATER PHILADELPHIA

4100 Chamounix Dr. Philadelphia

215-879-7733

June 2026 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 AM – Qigong	2 12:00 PM – Sip & Settle: Women’s Midday Mindfulness & Tea Social	3	4 10:30 AM – Guided Meditation	5	6
8 9:00 AM – Camp Discovery	9 9:00 AM – Camp Discovery	10 9:00 AM – Camp Discovery	11 9:00 AM – Camp Discovery 9:30 AM – Men’s Breakfast 10:30 AM – Guided Meditation	12 9:00 AM – Camp Discovery	13 9:30 AM – Zumba Gold 1:00 PM – Live! Cooking Class with Zach, Registered Dietician
15	16	17	18 10:30 AM – Guided Meditation 12:00 PM – Cooking Through Cancer	19	20
22	23	24	25 10:30 AM – Guided Meditation	26	27
29	30	<p>Program assistance is available at this location on Mondays, Tuesdays, Thursdays & some Saturdays, please call to schedule a visit. If you need to speak to someone and we are not available, please contact Cancer Support Helpline 1-888-793-9355</p>			



Gilda's Club

*(CTP) denotes Children, Teen & Family programming

200 Kirk Road, Warminster PA

June 2026 Program Calendar

215-441-3290

Monday	Tuesday	Wednesday	Thursday	Friday / Saturday
<p>1 12:00pm – Gilda's Hair: Wig & Scalp Resources 12:00pm – Gentle Chair/Floor Yoga 1:00pm New Member Orientation 2:15pm Mindfulness Through Art</p>	<p>2 10:30am – Wool Applique Club 1:00pm – Mahjong for Fun</p>	<p>3</p>	<p>4 9:30am Walking Club 10:00am Comfort Quilts</p>	<p>5 9:30am Good Stuff Thrift Donations</p>
<p>8 12:00pm Gentle Chair/Floor Yoga 12:00pm Bring your own lunch 1:00pm Women's Support Circle 6:00pm Camp KIDS Counselor Orientation</p>	<p>9 11:00am Sound Bath</p>	<p>10</p>	<p>11 9:30am Walking Club 11:00am Child of the Blitz: Dr. Kaye 12:00pm Beaded Jewelry Making</p>	<p>12 / 13</p>
<p>15 12:00pm – Gentle Chair/Floor Yoga</p>	<p>16 10:00am Healthcare & Technology Workshop 1:00pm Mahjong for Fun</p>	<p>17 6:00pm Philadelphia Family Dinner *Children's Brain Tumor Association</p>	<p>18 8:30am -Men's Breakfast 9:30am Walking Club 11:00am -Arleen Boyes Quilting Circle</p>	<p>19 / 20</p>
<p>22 9:30am Camp KIDS 1:00pm – Stronger Together Networking Group</p>	<p>23 9:30am Camp KIDS 10:30am – New Member Orientation</p>	<p>24 9:30am Camp KIDS</p>	<p>25 9:30am Walking Club 10:30am Writing for Health & Wellness</p>	<p>26 / 27</p>
<p>29 9:30am Camp KIDS</p>	<p>30 9:30am Camp KIDS</p>	<p>Program assistance is available at this location most Mondays, Tuesdays & Thursdays, please call to schedule a visit. If you need to speak to someone and we are not available, please contact Cancer Support Helpline 1-888-793-9355</p>		



Tuesday	Wednesday
<p>2</p> <p>10:00 AM – Support for the Supporters</p> <p>10:00 AM Mindful Art</p>	<p>3</p> <p>10:00 AM – New Member Orientation</p> <p>11:00 AM – Breast Cancer Networking Group</p>
<p>8</p> <p>10:00 AM Nourish & Restore</p>	<p>10</p> <p>9</p> <p>9:30 AM – Men's Breakfast</p> <p>11:00 AM – Lung Cancer Networking Group</p>
<p>16</p> <p>10:00 AM – Support for the Supporters</p> <p>12:00 PM – Open Art Studio</p>	<p>17</p> <p>11:00 AM – Gynecological Cancers Networking Group</p> <p>12:30 AM – Gentle Yoga</p>
<p>23</p> <p>10:00 AM – Living with Cancer Support Group</p>	<p>24</p> <p>9:30 AM – NEW! Women's Support Circle & Breakfast</p> <p>11:00 AM – Blood Cancer Networking Group</p>
<p>30</p> <p>10:00 AM – Support for the Supporters</p>	<p>For more information & to register for programs, please contact Kim Clark @ 215-345-2022 or email Kimberly@cancersupportphiladelphia.org</p> <p>Located Behind the red door on the main hallway 595 West State Street, Doylestown, PA 18901</p>



Trinity Health
Mid-Atlantic

ST. MARY MEDICAL CENTER

June 2026 Program Calendar



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THURSDAYS

11-11:30am Guided Meditation

11:30-1:00pm Living with Cancer Support Group **pre-registration required*

1:15-2:15pm Gentle Yoga Movement & Relaxation w/ Nancy **except 4th Thursday of the month*

FRIDAYS

11:00-12:00pm Spousal Bereavement Support Group **pre-registration Required*

**Anyone interested in joining the weekly LWC Support Group or Bereavement Support must speak with Kimberly Clark before attending.*

*Registration is preferred for all events; drop-in visitors will be welcome at Networking Groups and Workshops.**

For more information & to register for programs, please contact Kimberly Clark at **215-710-4512** or

Email Kimberly@cancersupportphiladelphia.org

Located in the **Cancer Center conference room**

1201 Langhorne-Newtown Rd., Langhorne, PA 19047

Parking in back parking garage. Enter on ground level, and sign in as guest at visitor's desk. Walk through double doors to Cancer Center entrance on your right